

# NEERIGEN BROOK PRIMARY SCHOOL

WINTER CANTEEN MENU TERMS 2 & 3 2018.  
OPEN MONDAY, WEDNESDAY & FRIDAY FROM 8 AM



## DAILY LUNCH SPECIALS

### MONDAY

- Nuggets, Salad & Water \$6.50
- Sausage Roll \$3.30
- Sauce 30c

### WEDNESDAY

- Hot Chicken Roll \$3.80
- Chicken Burger \$5.00  
Served with Lettuce, Tomato, Cucumber, & Carrots  
Choice of Sauce: Mayonnaise, Tomato or BBQ.
- Soup of the day \$2.00 (Please see menu board outside canteen)

### FRIDAY

- Hotdog \$4.00
- Puppy Dog (1/2 hotdog) \$2.00 Choice of Tomato or BBQ sauce.
- Pizzas:
- Cheese \$3.00
- Hawaiian \$3.40
- Veggie Delight \$3.00



LUNCH ORDERS PLACED AFTER 10.30am OR EMERGENCY LUNCHES WILL ONLY BE OFFERED A VEGEMITE SANDWICH!

**Please don't ask for credit as refusal may offend!**

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## RECESS ONLY

- Fresh Fruit cups \$1.00
- Fresh Fruit 60c
- Popcorn (Plain) 50c
- Muffins \$1.50
- Veggie Cups \$1.50  
Capsicum, carrots, cucumber, celery, vegies may vary (Choice of Hummus or French Onion Dip)
- Yogurt Assorted Flavours \$2.40
- Cheesies \$1.20
- Pikelets 20c
- Diced Peaches \$1.50
- Chicken Tenders \$1.30 (Mondays ONLY)

## HOT LUNCHES - Available every day we are open!

- Lasagne \$4.50
- Spaghetti Bolognese \$4.50
- Macaroni & Cheese \$4.20
- Tuna Pasta Bake \$4.20
- Butter Chicken & Rice \$4.20
- Fried Rice \$4.20
- Veggie Fried Rice \$4.20
- Vegetable Curry & Rice \$4.20

## SANDWICHES

- Chicken and salad \$4.10
- Ham and salad \$4.10
- Egg and lettuce \$3.00
- Cheese \$3.00

Eat well, think better.



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- Ham and cheese \$3.90
- Vegemite \$2.50

## TOASTED SANDWICHES

- Ham & Cheese \$4.20
- Cheese \$3.30

## SALADS

- Fresh Garden Salad \$4.00  
Add Chicken, Ham or Egg \$1.00
- Fresh Fruit Salad Box \$4.50
- Quelch Icy Poles 80c
- ½ Icy Pole 40c



## DRINKS

- Large Water \$1.50
- Small Water \$1.00
- Pop Tops \$1.80  
Apple, Apple & Blackcurrant, Orange.
- Up & Go \$2.50  
Chocolate, Strawberry, Banana & Vanilla.
- Milk \$2.00  
Plain, Chocolate, Strawberry.

Our canteen follows the traffic light system introduced by the government in 2006.  
Our menu must comply and consist of a minimum of 60% green & we are currently 85%

Green - fills most of our menu.

Amber - select carefully.

Red - off the menu.

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## ALLERGIES

IF YOUR CHILD HAS ANY ALLERGIES PLEASE FEEL FREE TO COME & SPEAK TO ME IN THE CANTEEN.



**VOL\_NTEER AS YOU CAN SEE WE NEED  
U!**

Thank you to all who volunteer in our canteen we really appreciate all that you do!! if you could help out for an hour or so once or twice a term please come and see me.

Prices may rise without notice.