



# *Neerigen Bits n' Bites*

## *Menu - 2017*

### RECESS & LUNCH SNACKS

Yogo	\$2.20
Yoghurt (light vanilla, light strawberry)	\$2.20
Fresh fruit	\$0.60
Apple Slinky	\$0.70
Popcorn	\$0.50
Jelly with fruit	\$1.00

### RECESS ONLY

Cheesies	\$1.20
Pizza Subs	\$1.40
Pikelets	\$0.20
Chicken Tenders (Mondays Only)	\$1.30
Corn on the Cob	\$1.00

### LUNCH ONLY

Paddlepops (rainbow, chocolate, tropical)	\$1.80
Juices (tropical, wildberry)	\$1.80
Quelch Icy Poles	\$0.80

### Hot lunches:

Spaghetti Bolognese	\$4.20
Lasagne	\$4.20
Fried Rice	\$4.20
Macaroni Cheese	\$4.20
Tuna Mornay	\$4.20

All hot foods are homemade in our canteen and are available everyday.

### DRINKS

Water 600ml	\$1.50
Flavoured Milk 300ml (choc, strawberry, banana, choc mint)	\$2.30
Plain milk 225ml	\$1.50
Pop top (apple, blackcurrant)	\$1.80
Up & Go (choc, banana, vanilla, straw, caramel)	\$2.30
Milo	\$1.00
SIPPAH STRAWS	\$0.40

### SUSHI \$5.00

5 piece

Teriyaki Chicken (GF)

Cooked Tuna

Please take note that we will need the sushi pre-ordered the day before. You can do this by coming and talking to me in the canteen.

**Sushi is only available Thursday's & Friday's**

### Extras

Egg, Beetroot, Pineapple, Cheese	
Tomato	\$0.50
Sauce (BBQ & Tomato)	\$0.30

### Sandwiches:

Vegemite	\$2.50
Salad	\$3.00
Cheese	\$3.00
Egg	\$3.00
Ham	\$3.30
Chicken	\$3.30
Tuna	\$3.30
Add Salad to any sandwich	\$0.80

### Toasted sandwiches:

Cheese	\$3.30
Ham & Cheese	\$3.90
Chicken & Cheese	\$3.90

Salad Box	\$3.70
Super salad box Ham, Chicken or Egg	\$4.70

All sandwiches, toasted sandwiches & salad boxes are available every day.

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## *DAILY SPECIALS*

### MONDAY

NUGGETS, SALAD, FRUIT AND WATER	\$6.50
SAUSAGE ROLL	\$3.00
BEEF CRUIZER PIE	\$3.30
FRUIT SALAD	\$4.50

### WEDNESDAY

HOT CHICKEN ROLL	\$3.80
HAMBURGER (WITH YOUR CHOICE OF SAUCE)	\$5.00
CHICKENBURGER (WITH YOUR CHOICE OF SAUCE)	\$5.00
FRUIT SALAD	\$4.50

### THURSDAY

NACHOS	\$5.00
HOMEMADE PIZZA	\$4.00
(ask about flavours)	
NUGGETS, SALAD, FRUIT & WATER	\$6.50
FRUIT SALAD	\$4.50

### FRIDAY

NUGGETS	\$4.00
HOTDOG	\$4.00
PUPPY DOG (HALF A HOT DOG)	\$2.00
CHICKEN TENDER SALAD WRAP	\$5.00
NUGGETS, SALAD, FRUIT AND WATER	\$6.50
FRUIT SALAD	\$4.50

Neerigen Bits & Bites menu consists of 79% Green Items and 21% Amber Items.

If you are wanting to know anymore about the traffic light system please don't hesitate to come and see any of the P&C members or come and see our Canteen Manager.

***Phone: 9399-3422***

*(And ask for the Canteen)*